



## **1st November 2020 In Transit**

**Welcome: We welcome In Transit this morning**

**Notices**

**Offering**

**Lord's Prayer**

**In Transit - Congregation is invited to sing or listen to all.**

Come to the river

Now I see

Ain't no grave

Who the Son sets free

No longer slaves

Sweet sweet Spirit

Holy Spirit

King of my heart

Oh praise the name of the Lord our God

I just want to be where you are

**Benediction:** The Lord bless you and keep you

**Elders on Duty for November** John Rentz and Avis Currie

**Organist**

**Pianist**

**Door Greeting** David and Jill Simpson

**Security 4th Week** Brian Carr

**Sound** Andrew Clow

**Prayer Chain** We are available to pray for you, your friends and families in your joys and concerns. Please contact Glynnis (576 4814) or the office.

## THE COMING WEEK (1st)

Monday	7.00 pm Indoor Bowls
Tuesday	9.00 am– 9.25 am: Staff Meeting, Donald’s office 10.30 am Preschool Playgroup in the lounge 1.30 pm Session—crèche
Wednesday	9.30 am Care & Craft in hall 10.00 am <b>Midweek Communion in the Chapel</b>
Thursday	9.45 am Bible Study Home Group in Crèche
Friday	9.00 am Prayer meeting in crèche 10.00 am Cuppa & Chat
Saturday	8.00 am WOW breakfast
Sunday	8.45 am Prayers
Wed/Thurs/Fri	10.00 am—4.00 pm: Basement Boutique

Don't forget **midweek communion** in the chapel this week. 10am on 4th Nov. Everyone is welcome. Followed by morning tea.

Remember our terrific **Basement Boutique** is open for us every Wed-Fri 10am-4pm. It is a wonderful space which has so many lovely, kooky, useful things.

Feel free to drop off your good condition items for them so that they can become a treasure to others.

**Wow breakfast** is coming up - remember to book this into you calendar for 14th November at 8am. Our speaker is Robyn from Homes of Hope.

The office email address has changed.

It is now **office@stcolumba.co.nz**

The old one will still work but if you are able please add my new one to your contact list. Ruth

## HOW MUSIC LEADS TO GOD

And whenever the tormenting spirit from God troubled Saul, David would play the harp. Then Saul would feel better, 1 Samuel 16:23

There is something profound, powerful, phenomenal, unfathomable, mesmerizing, mysterious, and just simply amazing about music. Music does inexplicable things to us. “The hills are alive with the sound of music.” Music moves our bodies to sway and we tap our fingers as we listen to the rhythm and beat.



### **The Power of Music**

Music has the power to transport our minds and imaginations to another time or place. I still remember playing Pat Boone on our portable record player on the kitchen table and singing “In the Garden.”

Music heals us. It helps ease our pain and our hurts. It shields us from bad, harmful stuff. King Saul found healing in David’s music.

Music transforms our mood from sad to happy or even from happy to sad. Music brings us joy and sometimes move us to tears. It lifts up the spirit. As Plato said, “music is an art imbued with the power to penetrate into the very depths of the soul.” It is full of nostalgia for the happy and even sad times of our past.

### **Music Leads to God**

A liturgical composer and Paulist priest Father Ricky Manalo said in an interview: “Music is one of the most powerful symbols and artistic forms to inspire people’s imagination...to bring people back to God, through the nuances of the Gospel message. The lyrics “I choose to be Holy, set apart for you, oh Lord” means something to me and it has stayed with me. Years after singing those songs for the first time, hearing those songs again brings back memories, once again reminding me of the joy of loving God like a child. Music is a gift. It’s a wonderful gift. We offer back this gift to our Creator also as a gift by our singing and praising.

In the Catechism of the Catholic Church is the familiar quote by Saint Augustine: “He who sings prays twice.” Music, with our voices singing, our ears listening, and hands creating music, enables us to physically express the spiritual joy of our heart. Music has the power to bring the mind, body, and spirit in unison as we reach out to God.

Adapted from BJ Gonzalvo (article <http://mindspirit.com/music-leads-god/>)

# 7 Rules of Life

1. Make peace with your past - so it won't disturb your future.
2. What other people think of you - is none of your business.
3. The only person in charge - of your happiness is you.
4. Don't compare your life to others - comparison is the thief of joy.
5. Time heals almost everything - give it time.
6. STOP thinking so much - it's alright not to know all the answers.
7. SMILE - You don't own all the problems in the world.

**LIFE IS BETTER WHEN YOU'RE SINGING!!**



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**Minister:** Rev. Donald Hegan, 570 3281

**Session Matters:** Neville Wilson, 576 4814

**O-Team Matters:** Graham Jamieson, 552 4143