

Reflecting Jesus

Do people see Jesus in us? Scripture teaches that Christ lives within us (Galatians 2:20) and that we are His body on earth (1 Corinthians 12:27). This means our actions, words, and attitudes reflect directly on Him. Often people form their view of Jesus not from sermons but from the way His followers live.

At the heart of Christianity is love - God's love flowing through us. Yet culture often defines love as feelings or desire. Scripture, however, shows that true love is action: patient, kind, enduring, self-giving (1 Corinthians 13). As John reminds us, "God is love" (1 John 4:7). Jesus declared the greatest commandments: to love God and to love our neighbour (Matthew 22). When our lives are anchored in God, His Spirit enables us to live this way.

Real love is not easy or cheap. It is genuine, costly, and sometimes sacrificial (Romans 12:9, John 15:13). It shows itself in small, daily acts of listening, forgiving, serving without recognition, just as much as in great sacrifices. Jesus called us the salt of the earth and the light of the world (Matthew 5:13–14), and likewise our love is meant to influence, preserve, and shine in dark places.

But loving like Christ is difficult. It requires humility, patience, and grace – and even when kindness is misunderstood or forgotten, we must "do good anyway." We love not because others always deserve it, but because God first loved us.

This means that every day we face the choice: will we reflect Christ? We may not change the whole world, but we can change the world for someone through encouragement, compassion, and kindness. Faith, hope, and love remain - and the greatest is love (1 Corinthians 13:13).

May others see Jesus in us through love in action.

May we reflect Jesus.