

Give Thanks

The Bible teaches that giving thanks to God should be central in our life of faith.

Paul instructs believers to “*rejoice always, pray without ceasing, give thanks in all circumstances*” (1 Thessalonians 5:16–18).

This means that our basic response to God should be one of thanks for the life He gives and for every blessing we receive.

Scripture shows many who gave thanks in hardship, keeping their eyes on God rather than circumstances.

Job is a powerful example. Though he lost wealth, health, and family, his first response was worship: “*The Lord gave, and the Lord has taken away; may the name of the Lord be praised*” (Job 1:21).

We see that through all his trials he never rejected God. In the end, his understanding deepened, his faith was strengthened, and his life was restored.

Job teaches us to thank God not only in joy but also in suffering, trusting His sovereignty.

The story of the ten lepers (Luke 17:11–19) also highlights being thankful from another angle. Jesus healed them, yet only one - a Samaritan - returned to give thanks.

Jesus noticed the absence of the other nine, showing how often people receive God’s blessings without acknowledging Him.

Both these stories call us to reflect upon how we receive God’s blessings. Do we remember to thank God? Do we live with gratitude as our daily response?

Today, we say, “Thank you, Lord.”