

## Corinthians 13:4 – 7

***<sup>4</sup> Love is patient, love is kind. It does not envy, it does not boast, it is not proud. <sup>5</sup> It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. <sup>6</sup> Love does not delight in evil but rejoices with the truth. <sup>7</sup> It always protects, always trusts, always hopes, always perseveres.***

### Spiritual Reflection

Slowly read the passage above and then reflect on what God is saying to us through it.

Then we read the passage through again, replacing the word 'love' with our name.

.... is patient,

.... is kind.

.... does not envy,

.... does not boast,

.... is not proud.

.... does not dishonor others,

.... is not self-seeking,

.... is not easily angered,

.... keeps no record of wrongs.

.... does not delight in evil but rejoices with the truth.

.... always protects, always trusts, always hopes, always perseveres.

We then bring to the Lord our reflections on how this has spoken to us.

This exercise challenges us to think about our behaviour in the light of what scripture teaches about love.